



My Health_Vet

Veterans Health Administration leadership remains committed to a VHA health system that promotes efficiency, assures high quality care, and provides optimal access for the veteran population—a system that sets a national standard of excellence for the health care industry.

VHA's Vision 2020 describes My Health_Vet:

a clinician's view...

"VHA is also leading by example by providing a Web "portal" for patients to better manage their health and health records. Though still in development, VHA's "My Health_Vet" will create an Internet environment to allow patients to find information to answer health questions, alert clinicians to problems, and review their health records. In the future, patients will be able to reorder medications and even schedule appointments online."

What is My Health_Vet?

My Health_Vet is a web-based application that creates a new, online environment where veterans, family, and clinicians may come together to optimize veterans' health care.

Web technology will combine essential health record information enhanced by online health resources to enable and encourage patient/clinician collaboration.

How will I use My Health_Vet to enhance my patients' care?

My Health_Vet is being developed as a tool to help you—the clinician—partner with your patients to optimize their health.

You will be able to:

- Monitor health status more quickly, without needing to see the patient face to face. Ask patients to self-enter their daily metrics, e.g. blood pressure, blood glucose, weight, and pulse. You can view their entries through My Health_Vet.
- See a fuller picture of the patient's total care. Ask patients to let you see health information, including medications, that they have added to the self entered section.
- Allow outside providers to understand the patient's total care. Ask veterans to share their VA medical care history with their non-VA providers.
- Use progress notes as a tool for patient education. Veterans will be able to view the notes from home and refresh their memories of your instructions.

My Health_Vet



VHA program offices refresh health information and bulletins on a regular basis.

FIRST GOV
The U.S. Government's Official First Portal

Site: www.va.gov/health Administration: Administration: Contact Us: Help

How will My HealthVet improve veterans' health?

With My HealthVet, veterans will be able to:

- Become partners with their caregivers in optimizing their health. Educated, empowered patients will take a more active role in self-management and in shared health care decision making.
- Explore a variety of options available to improve their health.

- Gain a better understanding of their health status.
- Manage their health information in their eVAults.
- Enable veteran advocates, such as veteran service officers (VSOs), to see health record data in order to assist veterans in the claims process.

Features of My HealthVet

- Veteran participation is voluntary.
- Each participating veteran will have access to and control of his/her customizable online environment.
- A Veterans Health Education Library will contain information on medical conditions, medications, health news, and preventive health.
- Showcases patient information developed by VA program offices.
- Contains a prescription checker, health calculators, and self assessment tools.
- Maps to benefits and resources available in VA and other federal sources.

- Veterans will be able to request and store key portions of their VA health record in a secure, unique and personal repository (eVAult).
- Veterans will be able to add self-entered metrics and notes.
- Online services will include prescription refills, the ability to view next appointment date and time, and the ability to see co-payment balance.
- Veterans will be able to grant access to all or some of their health information to others, such as family or veteran advocates, and VA and non-VA providers.

Where Can I See It?

Veterans are participating in a **pilot** at VAMCs in Tampa; Bay Pines; Washington, DC; Portland, OR; and VISN 2. To log in to the **pilot** as the demonstration patient, go to:

<http://www.health-evet.va.gov/>

Username: demouserb

Password: password_\$1

Ongoing evaluation data is being used to build specifications for the **national release**.

The **national release** will look quite different than the pilot, and will offer additional features. A content demo is available at:

<http://www.acs-fhc.com/mhev/>

What's next?

Incremental releases are planned:

- **Summer 2003**—A foundational online environment with VA-developed content, health education information, and self-assessment tools

- **Fall 2003**—Prescription refill and self-entered data (excluding self-entered metrics)
- **Winter 2004**—View total co-payment balance, view next scheduled appointment, and self-entered metrics
- **Spring 2004**—Electronic health record data and migration from pilot to national system

My HealthVet



Personal Health Record will be available in My HealthVet Phase 4 (Spring 04).

Veteran can enter metrics (BP, Blood sugar) and track progress.

Veteran can request key portions of VistA health record, store securely in encrypted eVault, & share with care providers.

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