Eligibility

- Veteran is actively engaged in mental health care and genuinely seeking PTSD treatment.
- Veteran can openly talk, read, and write about trauma.
- Male OEF/OIF/OND veterans with a primary diagnosis of PTSD
- With Trauma occurring during Combat Zone Deployment
- Veteran must agree to taper/discontinue treatment interfering medications such as Benzodiazepines, Opioids, etc.

Exclusion criteria: Actively detoxing and/or heavy substance use, Psychotic spectrum disorder, Lack of safe stable housing prior to admission

Treatment Services

⇒ Evidence-based treatment for PTSD: Cognitive Processing Therapy
⇒ Coping and emotion regulation skills, such as, anger management and grief support
⇒ Substance abuse counseling
⇒ Medication management
⇒ Interdisciplinary treatment team case management
⇒ Intensive group therapy
⇒ Intensive individual therapy
⇒ Life skills offered by occupational therapy
⇒ Discharge planning with home VA mental health providers

What is ROVER?

ROVER is a 4-5 week intensive program specifically for:

- Male OEF/OIF/OND veterans with a primary diagnosis of PTSD
- With Trauma occurring during Combat Zone Deployment

The core mission of ROVER is to provide an “Environment of Recovery” model that provides a safe place for processing trauma and learning new skills.

- ROVER admits in cohort style up to 10 Veterans who complete the program together.
- Psychotherapy programming is conducted on a locked inpatient unit to help process emotions in a safe environment.
- Veterans are in groups at least 7 hours per day with reading and writing assignments.
- Veterans engage in therapeutic outings to begin reestablishing healthier patterns and improve tolerance.
Referrals

- ROVER Social Worker can be reached for information, but all referrals MUST come from a mental health provider.

- Make sure the veteran meets the basic eligibility criteria.

- Review the ROVER brochure with veteran and discuss clinical need.

- Complete the MH WISER/ROVER consult in CPRS.

- **Outside of VISN 16/17:** Email ROVER Social Worker Chassity.Brantley@va.gov and request a referral form.

- **Travel to Houston** is the responsibility of the referring VA and will require Chief of Staff approval. Houston VA will **ONLY** assist with travel home.

- Please complete referral questions as thoroughly as possible.

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ROVER

Information or Referral Contact:
(713) 791-1414 Ext. 26735
Chassity Brantley, LMSW,MHA Social Worker

www.houston.va.gov/ROVER.asp