

## ROVER SAMPLE GROUP SCHEDULE

\*\*Cell phones may be used on the unit from 730-830 pm Mon/Wed/Fri/Sat/Sun, and 1-5pm Sat/Sun.  
 \*\*On Saturday and Sunday computers may be used ONLY if staff available to monitor usage

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6a	Medications	Medications	Medications	Medications	Medications	Medications	Medications
6:30	Vital Signs	Vital Signs	Vital Signs	Vital Signs	Vital Signs	Vital Signs	Vital Signs
7:00	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast	breakfast
7:30	Free time 730-755am	Free time 730-755am	Free time 730-755am	Free time 730-755am	Free time 730-755am	Free time 730-755am	Free time 730-755am
8:00	free time/ meds	free time/ meds	free time/ meds	free time/ meds	free time/ meds	Free time	Free time
8:30	Community Mtg (N)	Community Mtg (N)	Community Mtg (N)	Community Mtg (N)	Community Mtg (N)	Personal/homework/ computer time*	Personal/homework/ computer time* (chapel services available)
900	CPT	CPT	CPT	In Vivo Group	CPT		
930	9-1045	9-1030	9-1030	9-1045	9-1045		
1000	JW	JW	JW	JW	JW		
1030	Tx Team	Meet w/ provider	Meet w/ provider	Tx Team	Yoga (N) or meet w/ provider 1045-1145a	Community Mtg (N)	Community Mtg(N)
1100			Grief 1100-1200			Nursing group 11-1200	Nursing group 11-1200
1130							
12:00	Lunch	Lunch	Lunch	Lunch	Lunch/Meet w. provider	Lunch	lunch
12:30	fresh air or solo 1230-1255	fresh air or solo 1230-1255	fresh air or solo 1230-1255	fresh air or solo 1230-1255	fresh air or solo 1230-1255	fresh air /solo 1230-1255	fresh air or solo 1230-1255
100	Basketball	Substance Use 1-200 CH	Meet w. provider	Behavioral Activation (nursing)	Substance Use 1-200 CH	Visitation or Supervised off unit activity / Cell phones 1-500	Visitation or Supervised off unit activity / Cell phones 1-500
130		Anger Management 2-300 KR	Anger Management 2-300 KR		Seeking Safety 230-330 KR		
200							
230	Finding Meaning 230-330	OT 300-430	OT Mach 3-400	Skills practice 330-4	JW		
300		Mach			OT Mach 330-430		
330	Skills practice 330-4						
400							
430	fresh air or solo 430-500	fresh air or solo 430-500	fresh air or solo 430-500	fresh air or solo 430-500	fresh air or solo 430-500	fresh air or solo 430-500	fresh air or solo 430-500
5:00	Dinner/meds 5-530	Dinner/meds 5-530	Dinner/meds 5-530	Dinner/meds 5-530	Dinner/meds 5-530	Dinner/meds 5-530	Dinner/meds 5-530
530	Free time	Free time	Free time	Free time	Free time	Free time	Free time
600	Nursing Group 6-700	Nursing Group 6-700	Nursing Group 6-700	Nursing Group 6-700	Nursing Group 6-700	Nursing Group 6-700	Nursing Group 6-700
630							
700	free time	Free time or AA 7-800pm	Free time 700-830	Free time or AA 7-800pm	Free time 700-830	computer time *	computer time *
730	7-830						
800		Personal/homework*		Personal/homework*			
8:30	Wrap up	Wrap up	Wrap up	Wrap up	Wrap up	Wrap up	Wrap up
9:00	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:30	Free time	Free time	Free time	Free time	Free time	Free time	Free time
10:30	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out

behavioral activation